

The Penn Sleep Centers

Replacing CPAP Supplies: Frequently Asked Questions

How often can I get a new CPAP machine?

If taken good care of, CPAP machines can last as long as 5-10 years. Insurance rules for replacing CPAP units can vary. Please contact your home care company if you think you need a new CPAP unit.

I want to buy a second CPAP unit for travel/my second home. How do I do this and how much do they cost?

There are many brands and models of CPAP units that can be used for travel and/or a second home. Basic units start at \$200-\$300, with extra costs for humidifiers, smartcards and other added features. There are many internet sites that sell CPAP units and supplies. You will usually need a prescription from your Sleep doctor to buy a CPAP unit. Please call our [CPAP Coordinator \(215.615.4836\)](tel:215.615.4836) or tell your Sleep doctor/nurse if you would like to buy a CPAP unit.

I want to change masks. How do I do this?

Call your home care company to see when you are due for a new mask. Your home care company will then ask your Sleep doctor for a prescription. Most home care companies will send you your new mask in the mail. It usually takes about 7-10 business days to get your CPAP mask once you've placed your order. You may want to come into our CPAP Clinic to be fit for your new mask, or to see different mask options.

I don't understand my bill for my CPAP unit. Who can I ask about this?

CPAP units are usually rented monthly and converted to a sale after a certain number of months, depending on your insurance plan. Contact your home care company for any billing questions.

I got a letter from my home care company with new insurance rules for CPAP. What do I need to do?

Some insurance plans, including Medicare, now require that patients starting on Positive Airway Pressure (PAP) therapy (CPAP, Bilevel and ASV) have a follow-up appointment with their Sleep doctor or nurse within 30-90 days of starting PAP therapy. These rules also state that you must use your PAP unit 70% of nights, for at least 4 hours per night, during a consecutive 30-day period in order to continue receiving coverage for PAP therapy. Coverage for PAP units can be denied if these requirements are not met, and you can be responsible for the cost of your PAP unit and supplies. The first step is to make an appointment with your Sleep doctor or nurse practitioner by calling the [Penn Sleep Center](tel:215.662.7772) at 215.662.7772. Make sure to bring your PAP smartcard to this appointment.